



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Küster, Marvin Frederik

Club: LSV Ilmenau

Number: 43

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelfranken

Category:

männliche Jugend U14 (12-13 Jahre)

Total time: 15:35

Speed: 15.40 km/h

Running performance: 3:54 min/km

Rank in course/Total: 28 (of 389)

Rank in course/Men: 23 (of 249)

Best time in course: 11:54

Rank in category: 2 (of 60)

Best time in the category: 14:20

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Runde	2.00	7:43	3:51	3	0:40	25	1:44	2.00	7:43	3:51	32		22	1:43
Leichtathletikhalle	2.00	7:52	3:55	2	0:35	23	1:58	4.00	15:35	3:53	2	1:15	23	3:41