



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Lepa, Edeltraud

Club: Erfurt

Number: 57

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelfüringen

Category:

Seniorinnen W60 (60-69 Jahre)

Total time: 25:22

Speed: 9.46 km/h

Running performance: 6:20 min/km

Rank in course/Total: 335 (of 389)

Rank in course/Women: 98 (of 140)

Best time in course: 14:03

Rank in category: 2(of 2)

Best time in the category: 24:17

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	2.00	12:43	6:21	2	0:04	91	5:44	2.00	12:43	6:21	1	-	88	1:16
Leichtathletikhalle	2.00	12:39	6:19	2	1:01	99	5:35	4.00	25:22	6:20	2	1:05	98	11:19