



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Knape, Marcel

Club: USV Erfurt

Number: 165

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelhungen

Category:

Männer (20-29 Jahre)

Total time: 11:59

Speed: 20.03 km/h

Running performance: 3:00 min/km

Rank in course/Total: 2 (of 389)

Rank in course/Men: 2 (of 249)

Best time in course: 11:54

Rank in category: 2(of 23)

Best time in the category: 11:54

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Runde	2.00	5:59	2:59	1	-	1	-	2.00	5:59	2:59	23		2	
Leichtathletikhah	2.00	6:00	3:00	2	0:06	2	0:06	4.00	11:59	2:59	2	0:05	2	0:05