



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Adams, Victor

Club: Erfurt
Number: 214

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelhungenlocher

Category:
männliche Jugend U14 (12-13 Jahre)

Total time: 23:26

Speed: 10.24 km/h
Running performance: 5:52 min/km

Rank in course/Total: 270 (of 389)

Rank in course/Men: 206 (of 249)

Best time in course: 11:54

Rank in category: 51(of 60)

Best time in the category: 14:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	12:00	6:00	51	4:57	206	6:01	2.00	12:00	6:00	18		197	6:00
Leichtathletikhalle	2.00	11:26	5:43	50	4:09	202	5:32	4.00	23:26	5:51	51	9:06	206	11:32