



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Karpe, Christine

Club: Dachwig

Number: 231

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelhungen

Category:

Seniorinnen W40 (40-49 Jahre)

Total time: 25:45

Speed: 9.32 km/h

Running performance: 6:26 min/km

Rank in course/Total: 340 (of 389)

Rank in course/Women: 102 (of 140)

Best time in course: 14:03

Rank in category: 29(of 39)

Best time in the category: 15:39

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	2.00	12:56	6:28	30	5:15	105	5:57	2.00	12:56	6:28	7	0:37	96	1:29
Leichtathletikhalle	2.00	12:49	6:24	28	4:51	101	5:45	4.00	25:45	6:26	29	10:06	102	11:42