



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Bareinz, Carolin

Club: Alpinclub Wachsenburg e.V.

Number: 253

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelfüringen

Category:

Frauen (20-29 Jahre)

Total time: 24:21

Speed: 9.86 km/h

Running performance: 6:05 min/km

Rank in course/Total: 302 (of 389)

Rank in course/Women: 79 (of 140)

Best time in course: 14:03

Rank in category: 15 (of 25)

Best time in the category: 14:03

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	2.00	11:47	5:53	15	4:48	68	4:48	2.00	11:47	5:53	4	0:08	123	0:20
Leichtathletikhalle	2.00	12:34	6:16	19	5:30	95	5:30	4.00	24:21	6:05	15	10:18	79	10:18