



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Schöttler, Josephine

Club: Erfurt
Number: 128

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelfranken

Category:
Frauen (20-29 Jahre)

Total time: 21:21

Speed: 11.24 km/h
Running performance: 5:20 min/km

Rank in course/Total: 194 (of 389)

Rank in course/Women: 44 (of 140)

Best time in course: 14:03

Rank in category: 10(of 25)

Best time in the category: 14:03

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Runde	2.00	11:15	5:37	12	4:16	51	4:16	2.00	11:15	5:37	2			34	
Leichtathletikhalle	2.00	10:06	5:02	9	3:02	34	3:02	4.00	21:21	5:20	10	7:18		44	7:18