



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Rebenstorf, Patrick Franz

Club: SSV Erfurt Nord

Number: 166

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mitternellingen

Category:

männliche Jugend U14 (12-13 Jahre)

Total time: 21:22

Speed: 11.23 km/h

Running performance: 5:20 min/km

Rank in course/Total: 195 (of 389)

Rank in course/Men: 150 (of 249)

Best time in course: 11:54

Rank in category: 37(of 60)

Best time in the category: 14:20

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Runde	2.00	10:05	5:02	35	3:02	124	4:06	2.00	10:05	5:02	6		58	4:05
Leichtathletikhalle	2.00	11:17	5:38	46	4:00	197	5:23	4.00	21:22	5:20	37	7:02	150	9:28