



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Walther, Simone

Club: Erfurt
Number: 244

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mitternellingen

Category:

Seniorinnen W40 (40-49 Jahre)

Total time: 15:39

Speed: 15.34 km/h

Running performance: 3:55 min/km

Rank in course/Total: 30 (of 389)

Rank in course/Women: 6 (of 140)

Best time in course: 14:03

Rank in category: 1 (of 39)

Best time in the category: 15:39

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Runde	2.00	7:41	3:50	1	-	7	0:42	2.00	7:41	3:50	18	-	137		
Leichtathletikhalle	2.00	7:58	3:59	1	-	5	0:54	4.00	15:39	3:54	1	-	6	1:36	