



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Schöfisch, Marcus

Club: ASV Erfurt

Number: 1422

Course: 10.00 km

Wertungslauf um den Pokal der Köstritzer Schwarzbierbrauerei

Category:

Männer (20-29 Jahre)

Total time: 31:17

Speed: 19.18 km/h

Running performance: 3:08 min/km

Rank in course/Total: 2 (of 618)

Rank in course/Men: 2 (of 500)

Best time in course: 31:03

Rank in category: 2(of 82)

Best time in the category: 31:03

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | | |
|---------------------|----------|------------|--------------|----------|-------------|-------------|------------|---------------|------------|--------------|----------|-------------|---------|------------|------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | |
| Runde | 2.00 | 6:03 | 3:01 | 1 | - | 1 | - | 2.00 | 6:03 | 3:01 | 60 | | | 392 | |
| Runde | 2.00 | 6:15 | 3:07 | 2 | 0:01 | 3 | 0:09 | 4.00 | 12:18 | 3:04 | 51 | | | 1 | - |
| Runde | 2.00 | 6:23 | 3:11 | 4 | 0:09 | 4 | 0:09 | 6.00 | 18:41 | 3:06 | 60 | | | 2 | 0:09 |
| Runde | 2.00 | 6:25 | 3:12 | 2 | 0:09 | 2 | 0:09 | 8.00 | 25:06 | 3:08 | 60 | | | 2 | 0:18 |
| Leichtathletikhalle | 2.00 | 6:11 | 3:05 | 1 | - | 1 | - | 10.00 | 31:17 | 3:07 | 3 | 4:49 | | 3 | 4:49 |