



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Eisenacher, Klaus

Club: Hainichläufer Mühlhausen

Number: 1296

Course: 10.00 km

Wertungslauf um den Pokal der Köstritzer Schwarzbierbrauerei

Category:

Senioren M50 (50-59 Jahre)

Total time: 43:58

Speed: 13.65 km/h

Running performance: 4:24 min/km

Rank in course/Total: 122 (of 618)

Rank in course/Men: 114 (of 500)

Best time in course: 31:03

Rank in category: 11(of 89)

Best time in the category: 36:19

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Runde	2.00	8:17	4:08	7	1:17	82	2:14	2.00	8:17	4:08	77			443	
Runde	2.00	8:42	4:20	11	1:24	123	2:36	4.00	16:59	4:14	79			6	4:41
Runde	2.00	8:56	4:28	12	1:35	127	2:42	6.00	25:55	4:19	79			6	7:23
Runde	2.00	9:10	4:34	13	1:49	149	2:54	8.00	35:05	4:23	79			6	10:17
Leichtathletikhalle	2.00	8:53	4:26	11	1:34	145	2:42	10.00	43:58	4:23	11	7:39	115	17:30	