



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Taurit, Matthias

Club: brown nuggets

Number: 1126

Course: 10.00 km

Wertungslauf um den Pokal der Köstritzer Schwarzbierbrauerei

Category:

Senioren M40 (40-49 Jahre)

Total time: 43:00

Speed: 13.95 km/h

Running performance: 4:18 min/km

Rank in course/Total: 99 (of 618)

Rank in course/Men: 93 (of 500)

Best time in course: 31:03

Rank in category: 34(of 171)

Best time in the category: 34:32

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	8:30	4:15	33	1:52	100	2:27	2.00	8:30	4:15	1	-	1	-
Runde	2.00	8:28	4:14	29	1:37	86	2:22	4.00	16:58	4:14	2	2:40	7	4:40
Runde	2.00	8:31	4:15	26	1:23	79	2:17	6.00	25:29	4:14	2	3:49	7	6:57
Runde	2.00	8:48	4:24	30	1:48	94	2:32	8.00	34:17	4:17	2	5:18	7	9:29
Leichtathletikhalle	2.00	8:43	4:21	46	1:48	120	2:32	10.00	43:00	4:17	34	8:28	94	16:32