



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Schäller, Sebastian

Club: ELAC

Number: 181

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelhungenlocher

Category:

Männer (20-29 Jahre)

Total time: 12:06

Speed: 19.83 km/h

Running performance: 3:01 min/km

Rank in course/Total: 3 (of 389)

Rank in course/Men: 3 (of 249)

Best time in course: 11:54

Rank in category: 3(of 23)

Best time in the category: 11:54

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-------------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Runde | 2.00 | 6:01 | 3:00 | 3 | 0:02 | 3 | 0:02 | 2.00 | 6:01 | 3:00 | 22 | | 3 | 0:01 |
| Leichtathletikhäl | 2.00 | 6:05 | 3:02 | 3 | 0:11 | 3 | 0:11 | 4.00 | 12:06 | 3:01 | 3 | 0:12 | 3 | 0:12 |