



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Schäller, Sebastian

Club: ELAC

Number: 181

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelfüringen

Category:

Männer (20-29 Jahre)

Total time: 12:06

Speed: 19.83 km/h

Running performance: 3:01 min/km

Rank in course/Total: 3 (of 389)

Rank in course/Men: 3 (of 249)

Best time in course: 11:54

Rank in category: 3(of 23)

Best time in the category: 11:54

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	6:01	3:00	3	0:02	3	0:02	2.00	6:01	3:00	22		3	0:01
Leichtathletikhäl	2.00	6:05	3:02	3	0:11	3	0:11	4.00	12:06	3:01	3	0:12	3	0:12