



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Meurer, Ingo

Club: SV Olympia Neustadt

Number: 1028

Course: 10.00 km

Wertungslauf um den Pokal der Köstritzer Schwarzbierbrauerei

Category:

Senioren M40 (40-49 Jahre)

Total time: 42:55

Speed: 13.98 km/h

Running performance: 4:17 min/km

Rank in course/Total: 98 (of 618)

Rank in course/Men: 92 (of 500)

Best time in course: 31:03

Rank in category: 33(of 171)

Best time in the category: 34:32

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Runde	2.00	8:20	4:10	28	1:42	88	2:17	2.00	8:20	4:10	154			449	
Runde	2.00	8:45	4:22	50	1:54	130	2:39	4.00	17:05	4:16	5	2:47	11	4:47	
Runde	2.00	8:57	4:28	48	1:49	130	2:43	6.00	26:02	4:20	5	4:22	11	7:30	
Runde	2.00	8:44	4:21	29	1:44	87	2:28	8.00	34:46	4:20	5	5:47	11	9:58	
Leichtathletikhalle	2.00	8:09	4:04	16	1:14	52	1:58	10.00	42:55	4:17	33	8:23	93	16:27	