



# 39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

## Detailed evaluation

**Scharf, Torsten**

Club: Lauffreunde Schmira

Number: 1235

Course: 10.00 km

Wertungslauf um den Pokal der Köstritzer Schwarzbierbrauerei

Category:

Senioren M30 (30-39 Jahre)

Total time: 41:38

Speed: 14.41 km/h

Running performance: 4:10 min/km

Rank in course/Total: 70 (of 618)

Rank in course/Men: 65 (of 500)

Best time in course: 31:03

Rank in category: 15(of 107)

Best time in the category: 34:41

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Runde	2.00	7:51	3:55	13	1:06	54	1:48	2.00	7:51	3:55	6			19	
Runde	2.00	8:11	4:05	14	1:16	61	2:05	4.00	16:02	4:00	9			36	3:44
Runde	2.00	8:23	4:11	15	1:18	66	2:09	6.00	24:25	4:04	9			36	5:53
Runde	2.00	8:39	4:19	19	1:32	77	2:23	8.00	33:04	4:08	9			36	8:16
Leichtathletikhalle	2.00	8:34	4:16	24	1:46	100	2:23	10.00	41:38	4:09	15	6:57		66	15:10