



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Wächter, Hartmut

Club: LSV Lok Arnstadt

Number: 1491

Course: 10.00 km

Wertungslauf um den Pokal der Köstritzer Schwarzbierbrauerei

Category:

Senioren M60 (60-69 Jahre)

Total time: 42:21

Speed: 14.17 km/h

Running performance: 4:14 min/km

Rank in course/Total: 83 (of 618)

Rank in course/Men: 77 (of 500)

Best time in course: 31:03

Rank in category: 2(of 20)

Best time in the category: 41:59

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Runde	2.00	8:17	4:08	3	2:02	82	2:14	2.00	8:17	4:08	19			443	
Runde	2.00	8:29	4:14	3	2:23	93	2:23	4.00	16:46	4:11	11			40	4:28
Runde	2.00	8:32	4:15	2	2:07	80	2:18	6.00	25:18	4:13	11			40	6:46
Runde	2.00	8:40	4:19	3	2:08	82	2:24	8.00	33:58	4:14	11			30	9:10
Leichtathletikhalle	2.00	8:23	4:11	1	-	83	2:12	10.00	42:21	4:14	2	0:22		78	15:53