



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Großner, Jacob

Club: CME, SV Concordia, WW Erfurt

Number: 1382

Course: 10.00 km

Wertungslauf um den Pokal der Köstritzer Schwarzbierbrauerei

Category:

männliche Jugend U20 (18-19 Jahre)

Total time: 37:36

Speed: 15.96 km/h

Running performance: 3:46 min/km

Rank in course/Total: 21 (of 618)

Rank in course/Men: 19 (of 500)

Best time in course: 31:03

Rank in category: 2 (of 22)

Best time in the category: 32:52

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total			Total ranking		Pos Men	Behind Men
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.		
Runde	2.00	7:23	3:41	2	1:07	31	1:20	2.00	7:23	3:41	20		416	
Runde	2.00	7:27	3:43	2	0:52	19	1:21	4.00	14:50	3:42	21		61	2:32
Runde	2.00	7:39	3:49	2	0:58	20	1:25	6.00	22:29	3:44	21		75	3:57
Runde	2.00	7:44	3:52	2	1:01	21	1:28	8.00	30:13	3:46	21		75	5:25
Leichtathletikhalle	2.00	7:23	3:41	2	0:46	19	1:12	10.00	37:36	3:45	2	4:44	20	11:08