



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Zen Doornkaab Koolma, Jan-Ulrich

Number: 1743

Course: 10.00 km

Rank in course/Total: DNF (of 618)

Wertungslauf um den Pokal der Köstritzer Schwarzbierbrauerei

Rank in course/Men: DNF (of 500)

Best time in course: 31:03

Category:

Rank in category: DNF(of 171)

Senioren M40 (40-49 Jahre)

Best time in the category: 34:32

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Runde	2.00	9:33	4:46	79	2:55	223	3:30	2.00	9:33	4:46	17	1:03	41	1:03	
Runde	2.00	9:49	4:54	101	2:58	282	3:43	4.00	19:22	4:50	27	5:04	79	7:04	
Runde	2.00	10:10	5:04	113	3:02	307	3:56	6.00	29:32	4:55	26	7:52	77	11:00	
Runde	2.00	9:43	4:51	81	2:43	230	3:27	8.00	39:15	4:54	26	10:16	77	14:27	
Leichtathletikhalle	2.00	fehlt!	-	-	-	-	-	10.00	-	-	-	-	-	-	