



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Thiel, Stefan

Club: Buttstädt

Number: 1451

Course: 10.00 km

Wertungslauf um den Pokal der Köstritzer Schwarzbierbrauerei

Category:

Senioren M30 (30-39 Jahre)

Total time: 41:43

Speed: 14.38 km/h

Running performance: 4:10 min/km

Rank in course/Total: 73 (of 618)

Rank in course/Men: 68 (of 500)

Best time in course: 31:03

Rank in category: 17(of 107)

Best time in the category: 34:41

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Pos		Total	Total	Total	Pos	Behind	Pos	Behind	
	km	Time			min/km	Cat.								Cat.
Runde	2.00	8:36	4:17	28	1:51	120	2:33	2.00	8:36	4:17	11	0:08	45	0:06
Runde	2.00	8:18	4:09	16	1:23	69	2:12	4.00	16:54	4:13	19		84	4:36
Runde	2.00	8:29	4:14	19	1:24	76	2:15	6.00	25:23	4:13	19		82	6:51
Runde	2.00	8:21	4:10	11	1:14	53	2:05	8.00	33:44	4:13	19		22	8:56
Leichtathletikhalle	2.00	7:59	3:59	10	1:11	42	1:48	10.00	41:43	4:10	17	7:02	69	15:15