



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Oemus, Daniela

Club: SV Blau- Weiß- Bürgen

Number: 1509

Course: 10.00 km

Wertungslauf um den Pokal der Köstritzer Schwarzbierbrauerei

Category:

Frauen (20-29 Jahre)

Total time: 39:08

Speed: 15.33 km/h

Running performance: 3:55 min/km

Rank in course/Total: 35 (of 618)

Rank in course/Women: 3 (of 118)

Best time in course: 36:13

Rank in category: 2(of 18)

Best time in the category: 36:13

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Runde	2.00	7:33	3:46	2	0:33	3	0:33	2.00	7:33	3:46	1	-	3		
Runde	2.00	7:55	3:57	2	0:37	3	0:37	4.00	15:28	3:52	18		5		
Runde	2.00	7:56	3:58	2	0:35	3	0:35	6.00	23:24	3:53	18		5		
Runde	2.00	7:55	3:57	2	0:36	2	0:36	8.00	31:19	3:54	17		5		
Leichtathletikhalle	2.00	7:49	3:54	2	0:34	3	0:34	10.00	39:08	3:54	2	2:55	3	2:55	