



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Klöppler, Norman

Club: Erfurt
Number: 1440

Course: 10.00 km

Wertungslauf um den Pokal der Köstritzer Schwarzbierbrauerei

Category:
Männer (20-29 Jahre)

Total time: 48:04

Speed: 12.48 km/h
Running performance: 4:49 min/km

Rank in course/Total: 248 (of 618)

Rank in course/Men: 231 (of 500)

Best time in course: 31:03

Rank in category: 52(of 82)

Best time in the category: 31:03

Intermediate times

Stage score

Total ranking

Control	Intermediate times					Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Runde	2.00	11:48	5:54	77	5:45	454	5:45	2.00	11:48	5:54	44	2:00	49	3:18	
Runde	2.00	9:46	4:53	54	3:32	270	3:40	4.00	21:34	5:23	79	3:01	92	9:16	
Runde	2.00	9:01	4:30	35	2:47	146	2:47	6.00	30:35	5:05	79	1:45	89	12:03	
Runde	2.00	8:52	4:26	27	2:36	101	2:36	8.00	39:27	4:55	79	0:43	89	14:39	
Leichtathletikhalle	2.00	8:37	4:18	29	2:26	108	2:26	10.00	48:04	4:48	53	21:36	232	21:36	