



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Fleischmann, Thomas

Club: LTV-Erfurt

Number: 1420

Course: 10.00 km

Wertungslauf um den Pokal der Köstritzer Schwarzbierbrauerei

Category:

Senioren M50 (50-59 Jahre)

Total time: 47:48

Speed: 12.55 km/h

Running performance: 4:47 min/km

Rank in course/Total: 241 (of 618)

Rank in course/Men: 225 (of 500)

Best time in course: 31:03

Rank in category: 26(of 89)

Best time in the category: 36:19

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	8:47	4:23	15	1:47	143	2:44	2.00	8:47	4:23	38	0:23	50	0:17
Runde	2.00	9:26	4:43	27	2:08	223	3:20	4.00	18:13	4:33	59		93	5:55
Runde	2.00	9:49	4:54	35	2:28	251	3:35	6.00	28:02	4:40	59		90	9:30
Runde	2.00	10:01	5:00	40	2:40	269	3:45	8.00	38:03	4:45	59		90	13:15
Leichtathletikhalle	2.00	9:45	4:52	40	2:26	269	3:34	10.00	47:48	4:46	26	11:29	226	21:20