



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Roth, Nico

Club: LG Erfurt e.V.

Number: 158

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelfüringen

Category:

männliche Jugend U14 (12-13 Jahre)

Total time: 16:37

Speed: 14.44 km/h

Running performance: 4:09 min/km

Rank in course/Total: 51 (of 389)

Rank in course/Men: 41 (of 249)

Best time in course: 11:54

Rank in category: 12 (of 60)

Best time in the category: 14:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	8:06	4:02	11	1:03	37	2:07	2.00	8:06	4:02	38		34	2:06
Leichtathletikhalle	2.00	8:31	4:15	9	1:14	42	2:37	4.00	16:37	4:09	12	2:17	41	4:43