



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Cierpinski, Jonathan

Club: SG Spergau

Number: 378

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelhungenlocher

Category:

männliche Jugend U18 (16-17 Jahre)

Total time: 12:48

Speed: 18.75 km/h

Running performance: 3:12 min/km

Rank in course/Total: 4 (of 389)

Rank in course/Men: 4 (of 249)

Best time in course: 11:54

Rank in category: 1 (of 9)

Best time in the category: 12:48

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Runde	2.00	6:09	3:04	1	-	4	0:10	2.00	6:09	3:04	1	-	4	0:09
Leichtathletikhalle	2.00	6:39	3:19	1	-	4	0:45	4.00	12:48	3:12	1	-	4	0:54