



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Seise, Eric

Club: SV 1899 Mühlhausen

Number: 105

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mitterhungen

Category:

männliche Jugend U14 (12-13 Jahre)

Total time: 16:33

Speed: 14.50 km/h

Running performance: 4:08 min/km

Rank in course/Total: 47 (of 389)

Rank in course/Men: 38 (of 249)

Best time in course: 11:54

Rank in category: 9(of 60)

Best time in the category: 14:20

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Runde	2.00	7:56	3:58	8	0:53	33	1:57	2.00	7:56	3:58	39		40	1:56
Leichtathletikhalle	2.00	8:37	4:18	11	1:20	47	2:43	4.00	16:33	4:08	9	2:13	38	4:39