



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Wiesner, Niels

Club: ELAC

Number: 185

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelhungenlocher

Category:

männliche Jugend U14 (12-13 Jahre)

Total time: 16:56

Speed: 14.17 km/h

Running performance: 4:14 min/km

Rank in course/Total: 57 (of 389)

Rank in course/Men: 46 (of 249)

Best time in course: 11:54

Rank in category: 14 (of 60)

Best time in the category: 14:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Runde	2.00	8:13	4:06	12	1:10	40	2:14	2.00	8:13	4:06	40		41	2:13
Leichtathletikhalle	2.00	8:43	4:21	14	1:26	53	2:49	4.00	16:56	4:14	14	2:36	46	5:02