



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Vogt, Philipp

Club: Grasrockers Brotterode
Number: 1480

Course: 10.00 km

Wertungslauf um den Pokal der Köstritzer Schwarzbierbrauerei

Category:

Männer (20-29 Jahre)

Total time: 41:37

Speed: 14.42 km/h

Running performance: 4:10 min/km

Rank in course/Total: 69 (of 618)

Rank in course/Men: 64 (of 500)

Best time in course: 31:03

Rank in category: 21(of 82)

Best time in the category: 31:03

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	8:35	4:17	29	2:32	115	2:32	2.00	8:35	4:17	47		22	0:05
Runde	2.00	8:15	4:07	21	2:01	66	2:09	4.00	16:50	4:12	77		13	4:32
Runde	2.00	8:09	4:04	17	1:55	44	1:55	6.00	24:59	4:09	77		110	6:27
Runde	2.00	8:28	4:14	20	2:12	59	2:12	8.00	33:27	4:10	77		110	8:39
Leichtathletikhalle	2.00	8:10	4:04	17	1:59	54	1:59	10.00	41:37	4:09	22	15:09	65	15:09