



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Schermesser, Jürgen

Club: speedy hares

Number: 1149

Course: 10.00 km

Wertungslauf um den Pokal der Köstritzer Schwarzbierbrauerei

Category:

Senioren M50 (50-59 Jahre)

Total time: 48:11

Speed: 12.45 km/h

Running performance: 4:49 min/km

Rank in course/Total: 249 (of 618)

Rank in course/Men: 232 (of 500)

Best time in course: 31:03

Rank in category: 28(of 89)

Best time in the category: 36:19

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	9:38	4:48	35	2:38	243	3:35	2.00	9:38	4:48	34	1:14	77	1:08
Runde	2.00	9:30	4:45	29	2:12	230	3:24	4.00	19:08	4:46	50		137	6:50
Runde	2.00	9:33	4:46	27	2:12	221	3:19	6.00	28:41	4:46	50		134	10:09
Runde	2.00	9:41	4:50	27	2:20	224	3:25	8.00	38:22	4:47	50		134	13:34
Leichtathletikhalle	2.00	9:49	4:54	42	2:30	278	3:38	10.00	48:11	4:49	28	11:52	233	21:43