



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Brückner, Andreas

Club: Bad Sulza

Number: 1166

Course: 10.00 km

Wertungslauf um den Pokal der Köstritzer Schwarzbierbrauerei

Category:

Senioren M40 (40-49 Jahre)

Total time: 47:38

Speed: 12.60 km/h

Running performance: 4:46 min/km

Rank in course/Total: 234 (of 618)

Rank in course/Men: 219 (of 500)

Best time in course: 31:03

Rank in category: 81(of 171)

Best time in the category: 34:32

Intermediate times

Stage score

Total ranking

| Control | Split | | Pos | Behind | Stage score | | Pos | Behind | Total | | Pos | Behind | Total ranking | |
|---------------------|-------|------|------|--------|-------------|------|------|--------|-------|------|-----|--------|---------------|-------|
| | km | Time | | | min/km | Cat. | | | Men | Men | | | km | Time |
| Runde | 2.00 | 9:14 | 4:36 | 64 | 2:36 | 183 | 3:11 | 2.00 | 9:14 | 4:36 | 165 | 0:44 | 484 | 0:44 |
| Runde | 2.00 | 9:23 | 4:41 | 79 | 2:32 | 213 | 3:17 | 4.00 | 18:37 | 4:39 | 45 | 4:19 | 138 | 6:19 |
| Runde | 2.00 | 9:31 | 4:45 | 81 | 2:23 | 217 | 3:17 | 6.00 | 28:08 | 4:41 | 43 | 6:28 | 132 | 9:36 |
| Runde | 2.00 | 9:48 | 4:54 | 84 | 2:48 | 245 | 3:32 | 8.00 | 37:56 | 4:44 | 43 | 8:57 | 135 | 13:08 |
| Leichtathletikhalle | 2.00 | 9:42 | 4:50 | 88 | 2:47 | 262 | 3:31 | 10.00 | 47:38 | 4:45 | 81 | 13:06 | 220 | 21:10 |