



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Krotky, Matthias

Club: Speyer
Number: 1318

Course: 10.00 km

Wertungslauf um den Pokal der Köstritzer Schwarzbierbrauerei

Category:

Senioren M40 (40-49 Jahre)

Total time: 41:49

Speed: 14.35 km/h

Running performance: 4:11 min/km

Rank in course/Total: 76 (of 618)

Rank in course/Men: 71 (of 500)

Best time in course: 31:03

Rank in category: 24(of 171)

Best time in the category: 34:32

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|---------------------|----------|------------|--------------|----------|-------------|-------------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Runde | 2.00 | 8:34 | 4:16 | 38 | 1:56 | 108 | 2:31 | 2.00 | 8:34 | 4:16 | 27 | 0:04 | 11 | 0:04 |
| Runde | 2.00 | 8:21 | 4:10 | 26 | 1:30 | 73 | 2:15 | 4.00 | 16:55 | 4:13 | 57 | 2:37 | 163 | 4:37 |
| Runde | 2.00 | 8:26 | 4:13 | 23 | 1:18 | 71 | 2:12 | 6.00 | 25:21 | 4:13 | 9 | 3:41 | 27 | 6:49 |
| Runde | 2.00 | 8:17 | 4:08 | 13 | 1:17 | 46 | 2:01 | 8.00 | 33:38 | 4:12 | 55 | 4:39 | 160 | 8:50 |
| Leichtathletikhalle | 2.00 | 8:11 | 4:05 | 18 | 1:16 | 56 | 2:00 | 10.00 | 41:49 | 4:10 | 24 | 7:17 | 72 | 15:21 |