



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Kübeck, Peter

Club: Halle a.d. Saale

Number: 1552

Course: 10.00 km

Wertungslauf um den Pokal der Köstritzer Schwarzbierbrauerei

Category:

Senioren M30 (30-39 Jahre)

Total time: 46:46

Speed: 12.83 km/h

Running performance: 4:41 min/km

Rank in course/Total: 207 (of 618)

Rank in course/Men: 193 (of 500)

Best time in course: 31:03

Rank in category: 47(of 107)

Best time in the category: 34:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	9:31	4:45	49	2:46	218	3:28	2.00	9:31	4:45	20	1:03	61	1:01
Runde	2.00	9:10	4:34	44	2:15	182	3:04	4.00	18:41	4:40	37	1:32	167	6:23
Runde	2.00	9:15	4:37	45	2:10	182	3:01	6.00	27:56	4:39	37	2:04	164	9:24
Runde	2.00	9:27	4:43	45	2:20	192	3:11	8.00	37:23	4:40	37	2:44	164	12:35
Leichtathletikhalle	2.00	9:23	4:41	53	2:35	223	3:12	10.00	46:46	4:40	47	12:05	194	20:18