



# 39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

## Detailed evaluation

Schottmann, Mike

Club: Gotha

Number: 1172

Course: 10.00 km

Wertungslauf um den Pokal der Köstritzer Schwarzbierbrauerei

Category:

Senioren M40 (40-49 Jahre)

Total time: 47:22

Speed: 12.67 km/h

Running performance: 4:44 min/km

Rank in course/Total: 228 (of 618)

Rank in course/Men: 213 (of 500)

Best time in course: 31:03

Rank in category: 78(of 171)

Best time in the category: 34:32

### Intermediate times

### Stage score

### Total ranking

| Control           | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Stage score |               | Total ranking |               |                 |             |                |            |               |
|-------------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
|                   |             |               |                 |             |                | Pos<br>Men  | Behind<br>Men | Total<br>km   | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men |
| Runde             | 2.00        | 9:38          | 4:48            | 86          | 3:00           | 243         | 3:35          | 2.00          | 9:38          | 4:48            | 40          | 1:08           | 77         | 1:08          |
| Runde             | 2.00        | 9:09          | 4:34            | 68          | 2:18           | 177         | 3:03          | 4.00          | 18:47         | 4:41            | 60          | 4:29           | 104        | 6:29          |
| Runde             | 2.00        | 9:21          | 4:40            | 71          | 2:13           | 193         | 3:07          | 6.00          | 28:08         | 4:41            | 43          | 6:28           | 132        | 9:36          |
| Runde             | 2.00        | 9:35          | 4:47            | 78          | 2:35           | 210         | 3:19          | 8.00          | 37:43         | 4:42            | 62          | 8:44           | 177        | 12:55         |
| Leichtathletikhah | 2.00        | 9:39          | 4:49            | 84          | 2:44           | 253         | 3:28          | 10.00         | 47:22         | 4:44            | 78          | 12:50          | 214        | 20:54         |