



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Jung, Danny

Club: Traktor Brotterode

Number: 1292

Course: 10.00 km

Wertungslauf um den Pokal der Köstritzer Schwarzbierbrauerei

Category:

Männer (20-29 Jahre)

Total time: 45:00

Speed: 13.33 km/h

Running performance: 4:30 min/km

Rank in course/Total: 155 (of 618)

Rank in course/Men: 146 (of 500)

Best time in course: 31:03

Rank in category: 36(of 82)

Best time in the category: 31:03

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	9:33	4:46	50	3:30	223	3:30	2.00	9:33	4:46	18		41	1:03
Runde	2.00	8:55	4:27	39	2:41	154	2:49	4.00	18:28	4:36	28		182	6:10
Runde	2.00	8:45	4:22	28	2:31	100	2:31	6.00	27:13	4:32	63		179	8:41
Runde	2.00	8:54	4:27	29	2:38	107	2:38	8.00	36:07	4:30	63		179	11:19
Leichtathletikhalle	2.00	8:53	4:26	37	2:42	145	2:42	10.00	45:00	4:30	37	18:32	147	18:32