



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Leister, Patricia

Club: SPVgg Faulungen 21

Number: 1486

Course: 10.00 km

Wertungslauf um den Pokal der Köstritzer Schwarzbierbrauerei

Category:

Frauen (20-29 Jahre)

Total time: 53:23

Speed: 11.24 km/h

Running performance: 5:20 min/km

Rank in course/Total: 426 (of 618)

Rank in course/Women: 49 (of 118)

Best time in course: 36:13

Rank in category: 11(of 18)

Best time in the category: 36:13

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	2.00	10:27	5:13	9	3:27	36	3:27	2.00	10:27	5:13	13	2:54	13	2:40
Runde	2.00	10:27	5:13	11	3:09	51	3:09	4.00	20:54	5:13	15		18	3:10
Runde	2.00	10:44	5:21	11	3:23	51	3:23	6.00	31:38	5:16	15		18	5:11
Runde	2.00	10:55	5:27	11	3:36	52	3:36	8.00	42:33	5:19	14		18	7:18
Leichtathletikhalle	2.00	10:50	5:25	11	3:35	56	3:35	10.00	53:23	5:20	11	17:10	49	17:10