



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Knoll, Maximilian

Club: LG Bad Frankenhausen / Göllingen
Number: 287

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelhüringen

Category:

männliche Jugend U18 (16-17 Jahre)

Total time: 16:50

Speed: 14.26 km/h

Running performance: 4:13 min/km

Rank in course/Total: 55 (of 389)

Rank in course/Men: 44 (of 249)

Best time in course: 11:54

Rank in category: 6 (of 9)

Best time in the category: 12:48

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Runde	2.00	8:23	4:11	6	2:14	49	2:24	2.00	8:23	4:11	6	2:14	44	2:23
Leichtathletikhalle	2.00	8:27	4:13	6	1:48	39	2:33	4.00	16:50	4:12	6	4:02	44	4:56