



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Schwarzer, Pascal

Club: Linderbach

Number: 1695

Course: 10.00 km

Wertungslauf um den Pokal der Köstritzer Schwarzbierbrauerei

Category:

Männer (20-29 Jahre)

Total time: 50:03

Speed: 11.99 km/h

Running performance: 5:00 min/km

Rank in course/Total: 315 (of 618)

Rank in course/Men: 286 (of 500)

Best time in course: 31:03

Rank in category: 60(of 82)

Best time in the category: 31:03

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	9:36	4:47	51	3:33	230	3:33	2.00	9:36	4:47	5		108	1:06
Runde	2.00	9:50	4:55	60	3:36	286	3:44	4.00	19:26	4:51	19	0:53	211	7:08
Runde	2.00	10:24	5:12	66	4:10	347	4:10	6.00	29:50	4:58	19	1:00	136	11:18
Runde	2.00	10:20	5:10	64	4:04	317	4:04	8.00	40:10	5:01	13	1:26	208	15:22
Leichtathletikhalle	2.00	9:53	4:56	62	3:42	286	3:42	10.00	50:03	5:00	61	23:35	287	23:35