



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Kaufmann, Katrin

Club: Erfurt
Number: 1405

Course: 10.00 km

Wertungslauf um den Pokal der Köstritzer Schwarzbierbrauerei

Category:

Seniorinnen W30 (30-39 Jahre)

Total time: 54:09

Speed: 11.08 km/h

Running performance: 5:25 min/km

Rank in course/Total: 454 (of 618)

Rank in course/Women: 57 (of 118)

Best time in course: 36:13

Rank in category: 18(of 34)

Best time in the category: 38:37

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	2.00	10:51	5:25	21	3:27	66	3:51	2.00	10:51	5:25	23		16	3:04
Runde	2.00	11:01	5:30	23	3:25	73	3:43	4.00	21:52	5:28	25		21	4:08
Runde	2.00	11:07	5:33	21	3:19	65	3:46	6.00	32:59	5:29	25		21	6:32
Runde	2.00	10:41	5:20	15	2:44	43	3:22	8.00	43:40	5:27	25		21	8:25
Leichtathletikhalle	2.00	10:29	5:14	15	2:41	45	3:14	10.00	54:09	5:24	18	15:32	57	17:56