



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Busch, Phil

Club: Schmoof Energy

Number: 1044

Course: 10.00 km

Wertungslauf um den Pokal der Köstritzer Schwarzbierbrauerei

Category:

Männer (20-29 Jahre)

Total time: 45:35

Speed: 13.16 km/h

Running performance: 4:34 min/km

Rank in course/Total: 171 (of 618)

Rank in course/Men: 158 (of 500)

Best time in course: 31:03

Rank in category: 39(of 82)

Best time in the category: 31:03

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Runde	2.00	8:59	4:29	41	2:56	158	2:56	2.00	8:59	4:29	78			459	0:29
Runde	2.00	8:59	4:29	41	2:45	160	2:53	4.00	17:58	4:29	17			217	5:40
Runde	2.00	9:09	4:34	43	2:55	166	2:55	6.00	27:07	4:31	17			214	8:35
Runde	2.00	9:22	4:41	44	3:06	175	3:06	8.00	36:29	4:33	17			141	11:41
Leichtathletikhalle	2.00	9:06	4:32	42	2:55	174	2:55	10.00	45:35	4:33	40	19:07		159	19:07