



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Bachmann, Nico

Club: Kelbra

Number: 1454

Course: 10.00 km

Wertungslauf um den Pokal der Köstritzer Schwarzbierbrauerei

Category:

Männer (20-29 Jahre)

Total time: 50:25

Speed: 11.90 km/h

Running performance: 5:02 min/km

Rank in course/Total: 323 (of 618)

Rank in course/Men: 294 (of 500)

Best time in course: 31:03

Rank in category: 61(of 82)

Best time in the category: 31:03

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	9:48	4:54	57	3:45	255	3:45	2.00	9:48	4:54	1	-	129	1:18
Runde	2.00	9:49	4:54	58	3:35	282	3:43	4.00	19:37	4:54	13	1:04	101	7:19
Runde	2.00	10:07	5:03	59	3:53	293	3:53	6.00	29:44	4:57	13	0:54	243	11:12
Runde	2.00	10:26	5:13	67	4:10	331	4:10	8.00	40:10	5:01	13	1:26	208	15:22
Leichtathletikhalle	2.00	10:15	5:07	67	4:04	334	4:04	10.00	50:25	5:02	62	23:57	295	23:57