



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Brückner, Georg

Club: Döllbergverein

Number: 1683

Course: 10.00 km

Wertungslauf um den Pokal der Köstritzer Schwarzbierbrauerei

Category:

Senioren M40 (40-49 Jahre)

Total time: 50:48

Speed: 11.81 km/h

Running performance: 5:05 min/km

Rank in course/Total: 330 (of 618)

Rank in course/Men: 301 (of 500)

Best time in course: 31:03

Rank in category: 106(of 171)

Best time in the category: 34:32

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	10:48	5:24	141	4:10	380	4:45	2.00	10:48	5:24	68	2:18	172	2:18
Runde	2.00	9:54	4:57	106	3:03	295	3:48	4.00	20:42	5:10	92	6:24	252	8:24
Runde	2.00	9:55	4:57	97	2:47	272	3:41	6.00	30:37	5:06	90	8:57	249	12:05
Runde	2.00	10:00	5:00	91	3:00	265	3:44	8.00	40:37	5:04	90	11:38	249	15:49
Leichtathletikhalle	2.00	10:11	5:05	114	3:16	324	4:00	10.00	50:48	5:04	106	16:16	302	24:20