



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Anschütz, Axel

Club: Erfurt
Number: 1514

Course: 10.00 km

Wertungslauf um den Pokal der Köstritzer Schwarzbierbrauerei

Category:

Senioren M50 (50-59 Jahre)

Total time: 54:35

Speed: 10.99 km/h

Running performance: 5:28 min/km

Rank in course/Total: 467 (of 618)

Rank in course/Men: 406 (of 500)

Best time in course: 31:03

Rank in category: 73(of 89)

Best time in the category: 36:19

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total		Total		Total		Pos Cat.	Behind Cat.	Pos Men	Behind Men
								km	Time	min/km	Pos	Behind	Pos				
Runde	2.00	10:52	5:26	65	3:52	387	4:49	2.00	10:52	5:26	16	2:28	176	2:22			
Runde	2.00	10:57	5:28	77	3:39	426	4:51	4.00	21:49	5:27	71	1:08	256	9:31			
Runde	2.00	10:55	5:27	73	3:34	403	4:41	6.00	32:44	5:27	71	1:46	253	14:12			
Runde	2.00	10:59	5:29	72	3:38	394	4:43	8.00	43:43	5:27	71	2:22	253	18:55			
Leichtathletikhalle	2.00	10:52	5:26	73	3:33	400	4:41	10.00	54:35	5:27	73	18:16	407	28:07			