



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

kalinke, aenne

Club: katzenfans

Number: 1221

Course: 10.00 km

Wertungslauf um den Pokal der Köstritzer Schwarzbierbrauerei

Category:

Seniorinnen W50 (50-59 Jahre)

Total time: 46:39

Speed: 12.86 km/h

Running performance: 4:40 min/km

Rank in course/Total: 200 (of 618)

Rank in course/Women: 14 (of 118)

Best time in course: 36:13

Rank in category: 1(of 13)

Best time in the category: 46:39

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	2.00	9:18	4:39	2	0:03	15	2:18	2.00	9:18	4:39	13	-	116	1:31
Runde	2.00	9:05	4:32	1	-	13	1:47	4.00	18:23	4:35	4	-	28	0:39
Runde	2.00	9:27	4:43	1	-	15	2:06	6.00	27:50	4:38	4	-	28	1:23
Runde	2.00	9:35	4:47	1	-	15	2:16	8.00	37:25	4:40	4	-	28	2:10
Leichtathletikhalle	2.00	9:14	4:36	1	-	14	1:59	10.00	46:39	4:39	1	-	14	10:26