



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Kurfels, Paula

Club: SV Sömmerda

Number: 147

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelfüringen

Category:

weibliche Jugend U14 (12-13 Jahre)

Total time: 18:04

Speed: 13.28 km/h

Running performance: 4:31 min/km

Rank in course/Total: 77 (of 389)

Rank in course/Women: 15 (of 140)

Best time in course: 14:03

Rank in category: 4 (of 33)

Best time in the category: 16:37

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Runde	2.00	8:50	4:25	4	0:34	15	1:51	2.00	8:50	4:25	30			13	
Leichtathletikhalle	2.00	9:14	4:36	4	0:53	15	2:10	4.00	18:04	4:30	4	1:27	15	4:01	