



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Brachmanski, Hans-Peter

Club: Erfurt
Number: 1437

Course: 10.00 km

Wertungslauf um den Pokal der Köstritzer Schwarzbierbrauerei

Category:

Senioren M50 (50-59 Jahre)

Total time: 46:25

Speed: 12.93 km/h

Running performance: 4:38 min/km

Rank in course/Total: 192 (of 618)

Rank in course/Men: 180 (of 500)

Best time in course: 31:03

Rank in category: 17(of 89)

Best time in the category: 36:19

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Runde	2.00	8:24	4:12	9	1:24	91	2:21	2.00	8:24	4:12	1	-	79		
Runde	2.00	9:12	4:35	17	1:54	186	3:06	4.00	17:36	4:24	22		268	5:18	
Runde	2.00	9:32	4:46	26	2:11	219	3:18	6.00	27:08	4:31	22		265	8:36	
Runde	2.00	9:48	4:54	34	2:27	245	3:32	8.00	36:56	4:36	22		265	12:08	
Leichtathletikhalle	2.00	9:29	4:44	31	2:10	232	3:18	10.00	46:25	4:38	17	10:06	181	19:57	