



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Hillhof, Ute

Club: ASV Erfurt

Number: 1536

Course: 10.00 km

Wertungslauf um den Pokal der Köstritzer Schwarzbierbrauerei

Category:

Seniorinnen W50 (50-59 Jahre)

Total time: 1:00:57

Speed: 9.84 km/h

Running performance: 6:06 min/km

Rank in course/Total: 577 (of 618)

Rank in course/Women: 99 (of 118)

Best time in course: 36:13

Rank in category: 11(of 13)

Best time in the category: 46:39

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	2.00	12:28	6:14	12	3:13	103	5:28	2.00	12:28	6:14	3	1:53	26	4:41
Runde	2.00	11:46	5:53	10	2:41	91	4:28	4.00	24:14	6:03	5	5:21	32	6:30
Runde	2.00	11:59	5:59	10	2:32	93	4:38	6.00	36:13	6:02	5	7:30	32	9:46
Runde	2.00	12:23	6:11	11	2:48	96	5:04	8.00	48:36	6:04	5	10:16	32	13:21
Leichtathletikhalle	2.00	12:21	6:10	11	3:07	100	5:06	10.00	1:00:57	6:05	11	14:18	99	24:44