



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Unbehaun, Pascal

Club: ELAC

Number: 183

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelfranken

Category:

männliche Jugend U18 (16-17 Jahre)

Total time: 13:14

Speed: 18.14 km/h

Running performance: 3:19 min/km

Rank in course/Total: 6 (of 389)

Rank in course/Men: 6 (of 249)

Best time in course: 11:54

Rank in category: 2 (of 9)

Best time in the category: 12:48

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	6:32	3:15	2	0:23	7	0:33	2.00	6:32	3:15	2	0:23	6	0:32
Leichtathletikhalle	2.00	6:42	3:21	2	0:03	6	0:48	4.00	13:14	3:18	2	0:26	6	1:20