



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Evers, Hartwig

Club: Erfurt

Number: 1329

Course: 10.00 km

Wertungslauf um den Pokal der Köstritzer Schwarzbierbrauerei

Category:

Senioren M50 (50-59 Jahre)

Total time: 55:06

Speed: 10.89 km/h

Running performance: 5:31 min/km

Rank in course/Total: 479 (of 618)

Rank in course/Men: 417 (of 500)

Best time in course: 31:03

Rank in category: 75(of 89)

Best time in the category: 36:19

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	10:34	5:16	55	3:34	344	4:31	2.00	10:34	5:16	8	2:10	145	2:04
Runde	2.00	10:45	5:22	74	3:27	413	4:39	4.00	21:19	5:19	19	0:38	281	9:01
Runde	2.00	11:13	5:36	82	3:52	432	4:59	6.00	32:32	5:25	19	1:34	278	14:00
Runde	2.00	11:26	5:43	82	4:05	431	5:10	8.00	43:58	5:29	19	2:37	278	19:10
Leichtathletikhalle	2.00	11:08	5:33	81	3:49	420	4:57	10.00	55:06	5:30	75	18:47	418	28:38