



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Müller, Richard

Club: OSKAR

Number: 1274

Course: 10.00 km

Wertungslauf um den Pokal der Köstritzer Schwarzbierbrauerei

Category:

männliche Jugend U20 (18-19 Jahre)

Total time: 58:04

Speed: 10.33 km/h

Running performance: 5:49 min/km

Rank in course/Total: 538 (of 618)

Rank in course/Men: 454 (of 500)

Best time in course: 31:03

Rank in category: 20(of 22)

Best time in the category: 32:52

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	11:48	5:54	21	5:32	454	5:45	2.00	11:48	5:54	1	-	49	3:18
Runde	2.00	11:31	5:45	21	4:56	464	5:25	4.00	23:19	5:49	1	-	282	11:01
Runde	2.00	11:42	5:50	18	5:01	456	5:28	6.00	35:01	5:50	1	-	279	16:29
Runde	2.00	12:07	6:03	19	5:24	464	5:51	8.00	47:08	5:53	1	-	279	22:20
Leichtathletikhalle	2.00	10:56	5:28	15	4:19	402	4:45	10.00	58:04	5:48	20	25:12	455	31:36