



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Köhler, Joe

Club: OSKAR

Number: 1273

Course: 10.00 km

Wertungslauf um den Pokal der Köstritzer Schwarzbierbrauerei

Category:

männliche Jugend U20 (18-19 Jahre)

Total time: 58:04

Speed: 10.33 km/h

Running performance: 5:49 min/km

Rank in course/Total: 539 (of 618)

Rank in course/Men: 454 (of 500)

Best time in course: 31:03

Rank in category: 20(of 22)

Best time in the category: 32:52

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	11:47	5:53	20	5:31	452	5:44	2.00	11:47	5:53	11		195	3:17
Runde	2.00	11:24	5:42	20	4:49	455	5:18	4.00	23:11	5:47	11		284	10:53
Runde	2.00	11:49	5:54	22	5:08	466	5:35	6.00	35:00	5:49	11		289	16:28
Runde	2.00	12:08	6:03	20	5:25	466	5:52	8.00	47:08	5:53	1	-	279	22:20
Leichtathletikhalle	2.00	10:56	5:28	15	4:19	402	4:45	10.00	58:04	5:48	20	25:12	455	31:36