



# 39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

## Detailed evaluation

**Wagner, Michael**

Club: Erfurt  
Number: 1324

Course: 10.00 km

Wertungslauf um den Pokal der Köstritzer Schwarzbierbrauerei

Category:

Senioren M30 (30-39 Jahre)

Total time: 47:59

Speed: 12.50 km/h

Running performance: 4:48 min/km

Rank in course/Total: 245 (of 618)

Rank in course/Men: 229 (of 500)

Best time in course: 31:03

Rank in category: 55(of 107)

Best time in the category: 34:41

### Intermediate times

### Stage score

### Total ranking

| Control             | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Stage score |               | Total ranking |               |                 |             |                |            |               |
|---------------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
|                     |             |               |                 |             |                | Pos<br>Men  | Behind<br>Men | Total<br>km   | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men |
| Runde               | 2.00        | 10:21         | 5:10            | 63          | 3:36           | 314         | 4:18          | 2.00          | 10:21         | 5:10            | 42          | 1:53           | 207        | 1:51          |
| Runde               | 2.00        | 9:09          | 4:34            | 42          | 2:14           | 177         | 3:03          | 4.00          | 19:30         | 4:52            | 62          | 2:21           | 260        | 7:12          |
| Runde               | 2.00        | 9:24          | 4:42            | 49          | 2:19           | 200         | 3:10          | 6.00          | 28:54         | 4:48            | 35          | 3:02           | 97         | 10:22         |
| Runde               | 2.00        | 9:44          | 4:51            | 56          | 2:37           | 233         | 3:28          | 8.00          | 38:38         | 4:49            | 62          | 3:59           | 139        | 13:50         |
| Leichtathletikhalle | 2.00        | 9:21          | 4:40            | 52          | 2:33           | 215         | 3:10          | 10.00         | 47:59         | 4:47            | 55          | 13:18          | 230        | 21:31         |